



INSTRUCTIONS FOR COLLECTING A CLEAN CATCH MIDSTREAM URINE SPECIMEN (CCMS)

Give the patient a sterile Clean Catch Kit (contains sterile specimen container, wipes and 2 sterile tubes).

FEMALE PATIENTS:

1. Instruct patient to spread labia (lips of vagina).
2. Using enclosed wipes, wipe front to back 3 times. Discard wipe each time. (DO NOT REUSE.)
3. Still holding the labia open, begin to urinate (1st portion of the urine will be out the urethra and contains debris).
4. Catch some urine (mid-stream reflects the status of the bladder) into the sterile cup making sure that the container does not come in contact with the genitalia.
5. Finish urinating in the toilet/bedpan.
6. Label, secure and send specimen to the Laboratory immediately.

POTTY-TRAINED CHILDREN:

1. Depending on understanding, child will need the help of their parent/female guardian or the phlebotomist.
2. Instruct female caregivers for female.
3. Instruct male caregivers for males when available.
4. Assist with collection, if needed.
5. Procedure is the same as an adult for both males and females.

MALE PATIENTS:

1. If uncircumcised, the foreskin must be retracted prior to cleaning and the area cleaned using the enclosed wipes. Discard after each use.
2. Instruct male to begin urinating into the toilet/urinal.
3. Collect urine in sterile specimen container.
4. Finish urinating into the toilet/urinal.



NORTHOAKS

DEPARTMENT OF LABORATORIES

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