

## HIPPA GUIDELINES

North Oaks Health System is part of an Organized Health Care Arrangement (“OHCA”) as defined in the HIPAA Privacy Regulations. As an OHCA, North Oaks Health System provides patients with Joint “Notice of Privacy Practices.” This Notice describes how North Oaks health System will use and disclose your protected health information. The policies outlined in this notice apply to all of your health information generated or received by us which includes, but is not limited to, our medical records, invoices, payment forms, videotapes or other ways. We are required by law to maintain the privacy of your protected health information and to provide you with this notice of our legal duties and privacy practices.

The Athlete’s Circle of Care may include coaches, certified athletic trainers, school nurse, and school administrators, MD’s and Physical Therapist. These individuals will be informed of any participation changes following an injury/illness to your child that occurs during a school related athletic activity. Written approval of a physician shall be required for the athlete to return to competition. If a physician recommends an athlete not continue, he/she shall not be overruled.

## INSURANCE RECOMMENDATIONS

The Louisiana High school Athletic Association (LHSAA) recommends adequate insurance protection and coverage be carried on all student athletes.

## MEDICAL HISTORY EVALUATION AND EXAMINATION

### LHSAA REQUIREMENTS

To be eligible for interscholastic athletics, all students shall have his/her parent(s)/guardian properly complete and sign an LHSAA Medical History Evaluation Form and pass a medical examination administered by a licensed physician, a licensed nurse practitioner that is in collaboration with a licensed physician, and/or a licensed physician’s assistant under the supervision of a licensed physician prior to the first time he/she practices or participates in a sport at an LHSAA school. A copy of a current properly completed and signed medical history and medical examination form shall be on file at the school for every student-athlete at all times. All students shall annually pass a medical screening or medical examination, which will be valid until the last day of the month in which it is performed.

### North Oaks Sports Medicine Physical Day

Each year North Oaks Sports Medicine offers two “Physical Days” for Tangipahoa and Livingston Parish schools which provides free physical screenings to eligible area high school and junior high school athletes (approximate \$78 value within North Oaks Physician Group). Two pre-scheduled dates will be scheduled in the spring, one for Tangipahoa and Livingston Parish each. The schools assigned athletic trainer or a staff athletic trainer from North Oaks Sports Medicine will provide more specific information to the student athletes as well as their coaches.

We require a parent or guardian complete and sign the form prior to the day of the exam. Although it is not recommended, North Oaks does encourage all parents and legal guardians to attend physical day with their child.

This examination **does not** replace your child’s annual exam with his/her primary care physician.

